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Lunch Order for the Month of January (Jan 5-29)

Monthly lunch orders require purchasing a hot lunch every school day of the month. You may not choose which days you want.

Pre-K -2nd grade: 18 days @ 2.50 each = \$ 45.00
 3rd-5th grade: 18 days @ 3.50 each = \$ 63.00
 6th-12th grade: 18 days @ 3.75 each = \$ 67.50

There are **NO CARRY OVERS** for any reason on monthly orders. Orders must be turned in to the school office by **NOON** on **FRIDAY**, with a check payable to **KATHY CARDWELL**.

JAN lunch orders are due by noon Friday, DEC 18th

Student: _____ Grade/Teacher _____
 Student: _____ Grade/Teacher _____
 Student: _____ Grade/Teacher _____

LUNCH MENU FOR WEEK OF Jan 5-8, 2009

MONDAY: **Staff Development Day—NO SCHOOL**
 TUESDAY: Grilled Cheese, Veggie Soup, Applesauce, Cookies
 WEDNESDAY: Frito Pie, Broccoli, Ice Cream Sandwich
 THURSDAY: Hamburgers w/ Trimmings, Chips, Fruit
 FRIDAY: Corn Dogs, Carrot Sticks, Mac & Cheese, Bar Cookies

PK-2	\$2.50/day
3rd-5th	\$3.50/day
6th-12th	\$3.75/day
Staff	\$3.75/day
Milk is .50/day. Please do not include with lunch payment.	

Lunch Orders are due on Friday by NOON with check made out to KATHY CARDWELL.
There are no carryover lunches due to illness or field trips.
Please detach and return with payment to the school office.

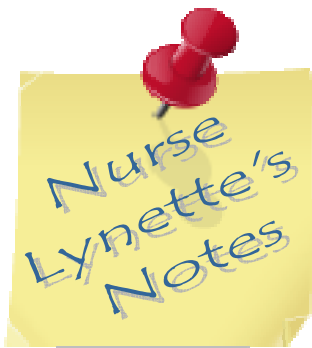


Circle the days your child will need hot lunches Jan 5-8, 2009

Student: _____ Grade/Teacher: _____
 Tu W Th F Tues-Fri

Student: _____ Grade/Teacher: _____
 Tu W Th F Tues-Fri

Student: _____ Grade/Teacher: _____
 Tu W Th F Tues-Fri



We have actually been seeing less flu, although that is expected to rise with the holiday season. Strep throat is going around. Symptoms CAN be sore throat, fever, stomachache, vomiting, swollen lymph nodes in the neck, and a red throat with white patches. You do NOT have cold symptoms such as coughing, sneezing or congestion. You can get a red "sandpaper" feeling rash that starts on the neck and chest and then covers the whole body. This form of strep is called scarlet fever. Strep is caused by a bacterial infection. It is diagnosed by a throat culture and treated with antibiotics. The important thing to know is some kids get the sore throat and fever, yet others do not.

Now a little information about antibiotics. When you take antibiotics they get rid of the infection, but they also get rid of good bacteria. This can cause diarrhea and yeast infections. To help with this, it is a good idea to eat yogurt with live cultures, or take a PROBIOTIC. These are available over the counter and can help your digestive and immune systems. Ask your pharmacist or doctor for the one they recommend.

RRCA School Science Fair

NEXT MEETING DATE:

Last minute questions

Wednesday, 1/6/10 at 3:30 p.m. Or

Friday, 1/8/10 at 8:00 a.m.

The Round Rock Christian Academy Elementary School Science Fair will be January 21, 2010 and the Austin Regional Science Fair will be February 27, 2010.



Butter Braid Bread

Pick up Tuesday, Dec 15th 2 p.m.

Mrs. Smith's Room 109

Christmas Blessing

The Parent Support Team (PST) is appreciative of the “Christmas Blessings” received thus far. Please prayerfully consider whether you can donate towards this fund, which gives a small Christmas bonus to our teachers and staff.

The suggested deadline is this Wednesday, December 16th.

Early Release Day: Friday, Dec 18th

**MDO-Kinder - 11:15am
6th-12th Grade - 11:30am
1st-5th Grade - 11:45pm**

**There will be NO LUNCH.
Extended Care
will NOT be available.**



Remember that we will be out of school December 21-Jan 4. Enjoy this blessed holiday with your families.

Fuddrucker's



Dec 16th

Go any time that day and tell your cashier you're from RRCA. Fuddrucker's will donate 20% of your purchase to RRCA.



Only 10 more shopping days until Christmas!



**Don't Forget To Save Old Cell Phones
We Collect Them To Recycle & Raise Money
After We Get Back From Christmas Break!**

**Merry Christmas & God Bless!!
From The RRCA Booster Club**