



Round Rock Christian Academy

Cheerleading Addendum

2026-2027

Addendum

General Information:

A. Dates & Schedules

- a. Cheer Review & Paint Week- May 26-29
 1. Cheer Review 10am-12pm
 2. Lunch- 12-1pm
 3. Paint 1-4pm
- b. NCA Summer Camp- July 8-10th at RRCA
- c. Summer Dates: Please block off July 27- August 8th for various activities-
- d. Before School Practice- August 3-8th TBD, August 10-14th TBD- after school
- e. Crusader Orientation- Open House- August 17th
- f. Thanksgiving/ Winter Break: TAPPS Cheer Competition is the second Tuesday in December, along with potential football playoffs. Attendance is mandatory for ALL program members.
- g. Playoffs: playoff information varies from week to week, and we often find out details last minute. Attendance is mandatory to ALL playoff games members are required to attend.
- h. Fall Cheer Clinic: please keep all weekends during football season available: including the Bye week. Potential Clinic Date- August 29th TBD
- i. TAPPS State Competition – Mandatory
 - a. ALL program members are eligible for the TAPPS competition team, and should remain available for all practice/ competition dates. The TAPPS team will be made up of 12 team members, and alternates. TAPPS team selections will be made by the coaching staff. Coaching staff has the right to remove any member from the TAPPS team if necessary.
 - b. **Choreography day is mandatory for all program members. Choreography Day will be August 22nd.**
- j. Morning Practices: Morning Practices are Monday, Tuesday, & Wednesday morning from 6:45-7:45am.
 - a. Morning Practices are used to practice pep rally routines and TAPPS competition routines. Any member who receives an unexcused absence from a morning practice will receive demerits and will make up conditioning upon return. If no communication is given from the athlete prior to missing practice, that member will receive 2 demerits.
 - b. Excused absence is allowed in cases of funeral, Doctor's note, or special school activities with advanced approval from the coach. Coaches will need a doctor's note within 1 day of the absence, dated for the same date of the absence.

B. Camp Information:

- a. NCA Camp Dates: July 8-10th
- b. Camp Location: RRCA Gym; it is a 3-day camp and we provide lunch and snacks. Day 1- 12-6:30, Day 2 & 3- 9am-4pm
- c. Camp is mandatory; any member not able to attend will receive 2 demerits per day they miss.
- d. Friday after camp is over will end with a Social Event TBD

C. Transportation

- a. Members will abide by all school transportation rules, procedures, and safety guidelines.
- b. Leaving a game/event with a parent/guardian is permissible at the end of the event after the members have been dismissed by the coaches. Coaches must be notified in writing if the member is going to leave with the parent from an event.
- c. Pik My Kid app will be used by the coaches to dismiss students from school events when its required.

D. Injuries

- a. If an injury occurs during practice, game, or event the athlete's parents will be notified. Athletes will not be allowed to return to practice until cleared from a physician. If an athlete has an injury, a doctor's note must be on file with the coach and the athletic office.

*See Concussion Protocol in the RRCA Cheer Handbook

EXPECTATIONS

A. Attitude/Behavior

- a. Members are expected to handle themselves in a professional manner at all times.
- b. Members are expected to be respectful to any person they interact with; including, but not limited to: peers, teammates, coaches, teachers, adults, school administration, and other community members.
- c. Members are expected to listen and pay attention when their leadership or coach is speaking.
- d. Members are expected to respect decisions made by leadership and coaches, and know that decisions are made based on what is best for the program as a whole. Any issue or concern should be addressed in a private setting, and not at practices, games, or other events.

B. Squad Leadership

- a. After tryouts, coaches will provide a leadership packet to those interested in applying. The packet will lay out what applicants will need to do in order to fulfill the requirements of the application.
- b. Leadership roles/duties will be assigned based on the applicants, and needs of the program.

C. Physicals

- a. All physicals need to be kept up to date for the entirety of the year. Members will be able to turn in new physicals starting in June. A physical must be on file by August 1st in order to participate in the upcoming school year.

D. Fundraising

- a. Members will be required to participate in all fundraising activities. We will require all members to participate in the "Fill my Megaphone" fundraiser in the spring, along with a Fall & Winter Lil Cru Cheer Clinic.

E. Social Media

a. Members of the RRCA cheer program are not only representing our school but also our community. Cheerleaders need to be aware of what they post on social media, whether in RRCA attire or not. Any infraction that is brought to the coaches attention will result in demerits based on the severity of the offense. Please reference the RRCA parent/ student handbook and social media addendum for expectations on social media.

DISCIPLINE POLICY

A. Merit Policy

- a. Merits can only cancel out demerits given due to a missed practice, uniform infraction, or tardies. Merits can NOT cancel out demerits given due to a missed game, missed performance, discipline actions, or TAPPS specific practices.
- b. Merits must be received prior to the demerit being given.
- c. Ways to earn a merit:
 - i. Straight A's on report card- 2 merits, A & B report card- 1 merit
 - ii. Volunteering for extra events (concession stand help at Athletic events, decorating for school dances, helping with PTSA events, etc.)- 1 merit
 - iii. Coaches will make members aware of other merit opportunities as they become available.
 - iv. Attending strength & conditioning in the summer- $\frac{1}{4}$ merit each day attendance
 - v. Every 9 weeks members will be given the opportunity to earn merits for the quarter by participating in a difficult group exercise class after school for 45 minutes. 5 merits total will be awarded for this.

B. Tardy Policy

- a. A tardy is failure to be in the designated location at the time designated by the coach.
- b. Failure to be on time will result in the following:
 - i. 1st tardy- warning
 - ii. 2nd tardy - 10 up-downs for each minute late
 - iii. 3rd tardy- 1 demerit
 - iv. 4th tardy- 2 demerits
 - v. 5th tardy- 3 demerits
- c. Any extenuating circumstances will be up to the coaches discretion.

C. Demerit Policy

- a. Not all situations can be predicted, so keep in mind that this is NOT an exhaustive list. Each situation will be handled on a case-by-case basis with the assistance of campus administration if needed. Please

reference page 7 of the RRCA Cheer Handbook for other examples of behaviors that can lead to suspension/dismissal.

b. This addendum serves as the one and only “warning” for every member. Any offense that occurs after signing this addendum is open to demerits, benching, or dismissal.

c. Once a member receives 5 demerits, that member will be benched from the upcoming game and/or performance. Benched cheerleaders are still expected to attend the game/performance in uniform and sit by Coach. Failure to attend will result in more demerits.

e. Every demerit after 5 will result in another benching from the upcoming game and/or performance.

f. Once a member receives 20 demerits, they will be removed from the program. Please see page 7 of the RRCA Cheer Handbook for the policy on a dismissed member.

g. Examples of Demerit actions:

i. 1 Demerit actions:

1. Jewelry at practice, game, or performance

2. Nails that are not neutral in color and/or nails longer than $\frac{1}{4}$ inch from the end of the finger at practice, game, or performance. Nail shape may also not be pointed in anyway for safety reasons

3. Unexcused absence to a practice

a. This includes summer, Thanksgiving break, winter break, and all before school practices

b. This includes not being able to practice at all due to not dressing out properly

ii. 2-5 Demerit actions:

1. Unexcused absence to game or performance

2. Unexcused absence to practice with no prior communication

3. Wrong uniform to game or performance

4. Disrespect to Coach, or other adult

5. In School Suspension, Saturday School Assignment

*See Demerit Record Sheet

10 Cumulative Demerits = Notice

- When a cheerleader reaches a total of 10 demerits, the cheerleader will be placed on notice and the Coaches will notify the cheerleader and her/his parent/guardian.
- The notice status will be documented in writing by the coaches and signed by the athletic director. The notice statement will be provided to the parent or guardian.

15 Cumulative Demerits = Suspension

- When a cheerleader reaches a total of 15 demerits, she will be suspended for a 3-week period. The cheerleader is prohibited from performance activities and wearing uniforms. They will continue to practice.
- The suspension status will require the coaches to meet with the cheerleader and her/his parents. The suspension will continue until the meeting takes place.

20 Cumulative Demerits = Dismissal from Squad

- If a cheerleader accumulates 20 demerits, the cheerleader will be dismissed from the cheer squad. A written notice and copy of the demerit record will be prepared by the cheer coach and signed the cheer coaches and the athletic director. A copy of the notice will be given to the student's parent or guardian.

Coaches will have one of the below sheet in their Coaches' Binder for each Cheerleader

Demerit Record

Cheerleader's Name:

Topic	Infraction	Demerits Issued	Per	Date	Cheerleader Initials	Coach Initials
Appearance	Inappropriate dress	5	Offense			
	Uniform infractions (includes dirty shoes, hair down, wearing jewelry, watches, overdone nails or makeup, etc.)	1	Offense			
	Excused absence (after 6th excused absence)	2	Absence			
	Tardies/leaving early unexcused	1	Offense			
	Unexcused absence	5	Offense			
Conduct	Chewing gum or eating at undesignated times	1	Offense			
	Deliberate disobedience to coach	10	Offense			
	Display of physical affection in uniform (PDA)	2	Offense			
	Disrespect to coach or other adult	5	Offense			
	Excessive talking while cheering	2	Offense			
	Inappropriate behavior	5	Offense			
	Inappropriate online presence (could also include suspension)	10	Offense			
	ISS (In-School Suspension)	4	Day			
	Negative interference by parents	3	Offense			
	OSS (Out of School Suspension)	5	Day			
	Saturday School	2	Day			
	Smoking/Vaping	10	Offense			
	Unsportsmanlike conduct to squad members/other students	2	Offense			
	Use of phone without permission/phone out at practice or game	1	Offense			
Responsibility	Use of profanity	5	Offense			
	Use of profanity directed at a district employee	10	Offense			
	Failure to be in designated area during a game/practice	2	Offense			
	Missed deadlines/responsibilities	1	Offense			
Safety	Not being back on the sidelines by the designated time at a game	1	Offense			
	Not fulfilling duties as captain (also include removal as captain)	2	Offense			
	Stunting without a coach/coach's approval	5	Offense			
	Talking/Horseplay during stunts	3	Offense			

D. In Class

- a. Each member is required to dress out during practice in the correct attire including: RRCA practice shirt, RRCA practice shorts, Cheer shoes, Bow, and NO JEWELRY.
- b. The entire team will owe 5 up downs for every item not correct._

COMMUNICATION

A. Communication for Information

- a. The Round Rock Christian Academy Cheerleading Program follows a chain of command when information is needed.
- b. The chain of command is as follows:
 1. Ask 3 teammates
 2. Ask your Co-Captain
 3. Co- Captain asls Captain
 4. Captain asks Coaches

B. Communication About an Absence or Concern

a. Any time a coach needs to be made aware of an absence, or a concern, emails need to come from the cheerleader themselves. We are a program that is trying to prepare our athletes for the professional world, and a big part of that is communication. Our athletes need to be responsible for working out their own issues. Coaches will only respond to parent emails if the cheerleader has previously tried to resolve the issue. Parents- Please allow 24 hours for the coach to respond to your emails.

- b. **All communication between Cheerleader and Coaches should be done in a group message that includes Cheerleader plus BOTH coaches.**
- c. Team Communication will happen through Band App and/or a Team Text Group Chat.
- d. Seasonal Schedules will be posted in Band App. They will be posted as soon as the information is communicated to the Coaches.
- e. All material will be made available on the Team YouTube Channel which will be posted in the Band App.

Estimated Cost for Varsity Cheer

RRCA Cheerleading Athletic Fee- \$300.00

Billed August 1st

NCA Summer Cheer Camp- \$250.00 + \$40.00 (lunch & snack fee)- \$290.00

Billed June 1st

Uniforms- cost will vary per cheerleader- Total will be billed to RRCA Student Account and divided up monthly from August to March

1. Crusaders Uniform: \$272.50 (NEW)
2. Cru Uniform: \$240.75 (White)
3. RRCA Uniform: \$199.50 (White Bodysuit & Navy Box Pleat Skirt)
4. Midriff: \$28.95
5. Spandex: \$33.95
6. Shoes: \$111.95
7. Backpack: \$99.95
8. Bag tag: \$14.95
9. Practice Pack (3 bottoms/1 top): \$128.45 (subtract \$37 if you have the white minipleat skirt)
10. Jacket & Pants Warmups- \$119.00

Uniform Cost for New Cheerleaders- all items: \$1250.00

Uniform Cost for Returning Cheerleaders- New Uniform, Practice Pack, Warm Ups-\$519.95

*The RRCA Cheer Program will provide hairbows, pom poms, and 2 new practice shirts (for new cheerleaders). If a returning cheerleader has lost an item from the list or needs a new one for any reason, you will be able to add those items to your cart at the uniform fitting. A Gandy store will be open in May to purchase RRCA practice items and fan gear.

*The RRCA Cheerleading Program is establishing uniform standards of basic items purchased once when starting the program, with the idea of alternating a new navy or white uniform every two years. The White CRU uniform was purchased last year & will return this year. Navy Crusaders Uniform will be new this year. The RRCA Uniform is for basketball season and competition.