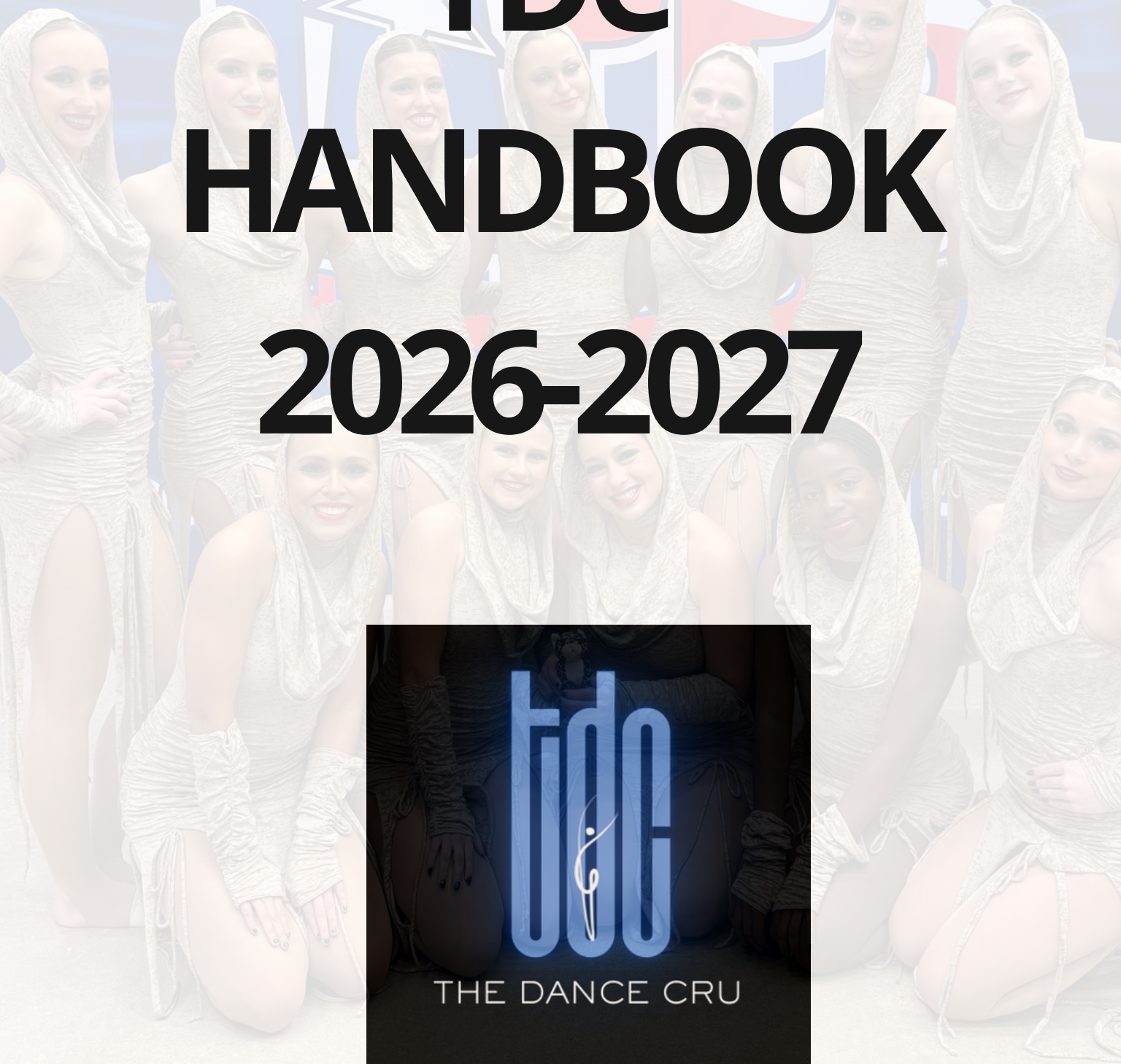




TDC HANDBOOK 2026-2027





THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

The following rules and guidelines apply to all members of the RRCA Dance Cru. Participation on the team indicates agreement to follow these expectations at all times.

TRYOUTS & ELIGIBILITY:

- Students must be incoming 9th–12th graders currently enrolled at RRCA.
- All interested students must audition to be considered for placement.
- Students must be in good academic standing.
- Students must have recommendations from a teacher and spiritual leader.

DANCE TEAM OPTIONS:

1. Gameday Team

- Designed for students focused on school spirit and performance at events.
- Perform at:
 - Athletic games
 - Pep rallies
 - School events
- Fewer practices than Performance Team
- Required team conditioning and training
- Does not compete

2. Performance Team

- Designed for dancers seeking additional training and competition opportunities.
- Includes all Gameday responsibilities
- Competes at:
 - TAPPS State Dance Championships
 - Local competitions
- Higher expectations for:
 - Training
 - Practice attendance
 - Commitment



THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

TIER LEVELS WITHIN TEAM:

Tier 1 – Leadership Performance Team

For highly dedicated dancers pursuing leadership, elite competition, and advanced performance opportunities.

Commitment Level: Highest

Includes:

- Games, pep rallies, and school events
- Full member of the competition team
- Elite competition opportunities

Additional Requirements:

- Weight training twice per week
- One technique class per week

Eligible for:

- Leadership positions
- Solos and featured competition roles

Tier 2 – Performance Team

For dancers ready to perform, compete, and commit additional time to training.

Commitment Level: High

Includes:

- Games, pep rallies, and school events
- Competition team participation in 1–2 genres
- Ensemble opportunity at State

Additional Requirements:

- Weight training twice per week
- One technique class per week
- Higher practice commitment



THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

TIER LEVELS WITHIN TEAM (CON):

Tier 3 – Gameday Only

Best suited for dancers focused on school spirit and events.

Commitment Level: Moderate

Includes:

- Games, 1-2 pep rallies, and school events
- Does not compete with TDC

Training:

- Minimal conditioning and technique training

Dancers wishing to move up tiers will be evaluated on:

- Effort
- Improvement
- Commitment

FEES & FINANCIAL RESPONSIBILITIES:

- All dancers are required to pay in full for summer camp (Due May 15).
- All dancers are required to pay a Fine Arts Fee of \$300 (Due August 30).
- All dancers must purchase:
 - Required Team uniform/s
 - Required apparel for Gameday and Performance opps
- Competition costumes are required for:
 - Tier 1 and Tier 2 dancers only
- Any additional pep rally costume/prop costs will be covered by our budget.
- Dancers are responsible for uniform items. Any lost items must be replaced at the dancer's expense.
- All fees are non-refundable, even if a dancer moves or leaves the team.
- Families have the option of paying all fees in full by August 30 to receive a 3% discount.



THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

SUMMER CAMP:

- Required: Tier 1 and Tier 2 dancers
- Optional/Coach Approval: Tier 3 dancers
- Camp cost is not included in Fine Arts fees or uniform costs.
- Estimated cost: \$470 per dancer

Camp provides:

- Hotel lodging and food for duration
- Advanced technique and instruction from industry professionals
- Choreography/additional routines for season
- Team bonding
- Preparation for competitive demands

PRACTICES & ATTENDANCE:

Attendance at all required practices is mandatory.

- Practice components may include:
 - Warm-ups
 - Technique
 - Conditioning
 - Dance fundamentals
- Dancers must give 110% effort at all times.

Absences:

- Must be communicated by the dancer (not the parent)
- At least 24 hours in advance when possible
- Unexcused absences from performances or games result in suspension.
- Missing practices before a performance may result in sitting out that routine.
- Punctuality is essential. Dancers must be ready at the scheduled start time.
- At-home practice is required when on TDC.
- Participation in other activities that interfere with required practice time is unfortunately not allowed when on TDC. Dancers who wish to participate must be available during last period for dancer class and practices.



THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

PRACTICES & ATTENDANCE (CON):

COMPETITION

- Tier 1 and Tier 2 dancers must participate in TAPPS State Dance Championships (January) and any other additional competitions voted on by coach and team
- Not all dancers are guaranteed to perform in every routine.
- Placement is determined by:
 - Commitment & Attitude
 - Skill level
 - Strengths of dancer
 - Academic eligibility
 - Coach discretion
- Competition costumes are selected by the coach and communicated by November. Costume Fees are due by Dec. 30.

FUNDRAISING:

- **Fundraising participation is mandatory for all tiers.**
- **Fundraising is treated with the same importance as practice attendance.**

MISCELLANEOUS EXPECTATIONS:

- Hair must be secured and off the face.
- No jewelry unless approved by the coach.
- No gum during practices or events.
- Cell phones are not permitted during practice.
- Dance shoes may not be worn outside.
- Team-issued apparel is for designated team activities only.
- Respect for:
 - Coach (all decisions are final)
 - Teammates
- A positive attitude is required at all times.
- Negative behavior or division will not be tolerated.



THE DANCE CRU

RULES, GUIDELINES, & TEAM STRUCTURE 2026-2027

PROGRAM GOAL:

The goal of the RRCA Dance Cru is to develop disciplined, confident, and committed dancers who pursue excellence both on and off the floor. Through structured training, performance opportunities, and a tiered system of accountability, we strive to build strong technique, teamwork, leadership, and character in every dancer.

As a Christ-centered program, RRCA Dance Cru is committed to growing not only skilled performers, but faithful individuals. We believe that dance is a form of worship and that our pursuit of excellence reflects our gratitude for the gifts God has given us. Dancers are encouraged to model integrity, humility, respect, and perseverance while supporting and uplifting one another as a unified team.

Our ultimate goal is for each dancer to grow as a Christian, a teammate, and an artist—using their talents to glorify God, strengthen our school community, and represent RRCA with excellence, grace, and purpose.

THE DANCE CRU CONTRACT:

I UNDERSTAND AND AGREE TO THE ABOVE RULES AND REGULATIONS OF THE DANCE CRU. IN ADDITION, I UNDERTAND THAT BY NOT ABIDING BY THESE RULES AND REGULATIONS – I COULD BE DISMISSED FROM THE TEAM.

DANCER SIGNATURE :

PARENT SIGNATURE:

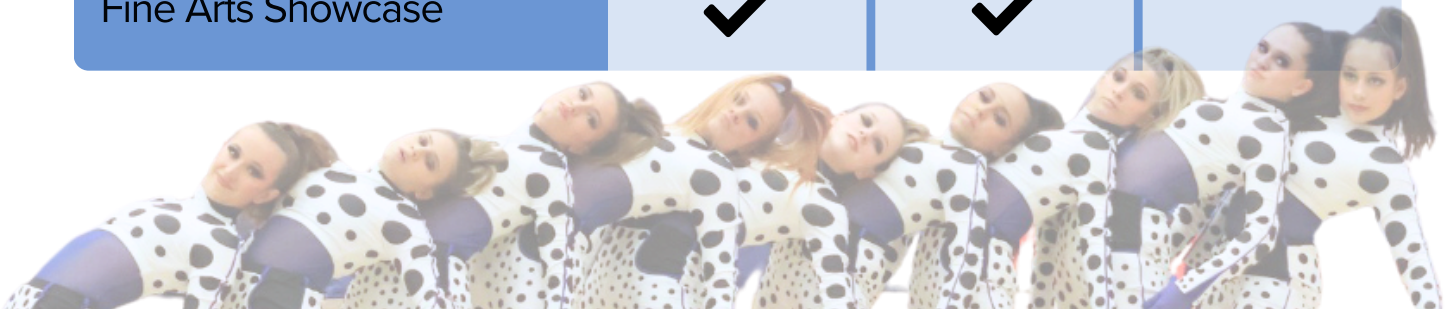
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TDC Options and Tiers

Comparison Chart

	TIER 1	TIER 2	TIER 3
Game Day Events	✓	✓	✓
Fundraising	✓	✓	✓
Summer Camp	✓	✓	✓
Competition	✓	✓	
Ensemble Opportunities	✓	✓	
Solo Opportunities	✓		
Leadership Roles	✓		
Weight Lifting	✓	✓	✓
Technique Classes	✓	✓	✓
Team Bonding	✓	✓	✓
Fine Arts Showcase	✓	✓	





FAQ.

1

Does my dancer have to compete?

No. Tier 3 dancers participate in gameday events only and do not have to compete. Tier 1/2 dancers are eligible to compete as long as they are in good standing academically and behaviorally.

2

Can dancers move between tiers?

Yes, placement may change based on commitment, performance, and program needs.

3

Why are extra classes and weight training required?

These requirements improve strength, injury prevention, and competitive readiness.

4

What is the goal of this system?

To create a supportive, flexible program that allows every dancer to succeed while preparing committed athletes for high-level competition.

5

Do all dancers pay Fine Arts fees?

Yes. All dancers are required to pay the district Fine Arts fee. This fee helps support program operations, stipends, and instructional resources.

6

Are drill team uniforms included in the Fine Arts fee?

No. Drill team uniforms are a separate cost and are required for all dancers, regardless of team or tier placement.

7

Do all dancers pay for competition costumes?

No. Only Tier 1 and Tier 2 dancers are required to purchase competition costumes.



FAQ.

8

Will Tier 3 dancers have additional costume costs?

Tier 3 dancers do not purchase competition costumes but may need additional items based on uniform requirements.

9

Are there any other costs parents should expect?

Additional optional costs may include spirit wear, travel expenses for competitions or performances, and personal dance supplies. Specific details will be communicated as the season approaches.

10

Are all dancers required to attend summer camp?

No. Only Tier 1 and Tier 2 dancers are required to attend summer camp due to the rigor and training demands of their programs. Tier 3 dancers are not required to attend summer camp but are welcome to participate if they choose.

11

Is the cost of summer camp included in the Fine Arts Fee?

No. The cost of summer camp is separate from Fine Arts fees, uniform costs, and any other program-related expenses.

12

How much does summer camp cost?

Summer camp costs approximately \$470 per dancer. Final costs may vary slightly and will be communicated in advance.

13

Why is summer camp required for Tier 1 and Tier 2 dancers?

Summer camp provides advanced training, important team bonding, technique classes and a repertoire of choreography necessary to meet the performance and competitive expectations of Tier 1 and Tier 2 programs.

14

Are all dancers required to participate in fundraising?

Yes. Dancers in all tiers are required to participate in fundraising efforts. Fundraising helps offset program costs, supports team activities throughout the season, and build strong community with younger students.



FAQ.

15

Are all dancers required to be available for scheduled practices?

Yes. Dancers in all tiers must be available for all required practice times to ensure team consistency, safety, and performance quality.

16

Can dancers participate in additional programs or activities outside of TDC?

Yes, they can. However, due to the time commitment and expectations of the program, dancers will find they cannot participate in additional programs that interfere with required practices/classes that meet during last period, performances, or hinder the overall success of the team.

17

Why is this level of commitment necessary for all tiers?

Each dancer's availability and focus directly impact team cohesion, preparation, and performance excellence across all tiers.

